

## Deacon's Beacons

February 8, 2019

But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world. 1 Corinthians 11:32

It is through discipline that all good habits are formed. It is the same with spiritual matters. If we are not disciplined, we will easily wander from the proper path. Discipline can be self imposed or administered by another. While self discipline is great, sometimes you may need the guidance and insight of someone else. Do not be afraid to ask for spiritual help. Make sure that the source of your help is reliable and orthodox though. Spend time in prayer and discernment about how you are living your life. Remember that an important part of prayer is listening to what God is trying to tell you. Do not spend all your time at prayer prattling on in words. Seek the silence that will allow you to hear God.

Go raibh síocháin Chríost a bheith in éineacht leat.

Deacon Mike